

MASSAGE TREATMENTS |

ATLANTIC SIGNATURE MASSAGE-A relaxing Swedish massage using long strokes and light to medium pressure to calm the body and mind. Your massage winds down with a cooling foot massage using Vital Body target relief CBD cream.

50 mins. \$170 | 80 mins. \$210

DEEP TISSUE MASSAGE- Beneficial for relaxing chronic muscle tension, focusing on the deepest layers of muscle tissue.

50 mins. \$180 | 80 mins. \$230

HOT STONE MASSAGE- A light to medium pressure massage uses smooth, heated stones to warm up tight muscles and alleviate tension and stress.

50 mins. \$175 | 80 mins. \$215

SWE-THAI MASSAGE- Blends the relaxing strokes of a Swedish massage with stretching techniques of the traditional Thai Massage.

50 mins. \$175 | 80 mins. \$215

PRENATAL MASSAGE- A relaxing Swedish massage using light to medium pressure to reduce stress on weight-bearing joints, available to woman in their second and third trimester only.

50 min. \$170

COUPLES MASSAGE- Choose any 50- or 80-min. massage to be performed side by side in our couple's suite.

Starting at \$340, pricing depends on the type of massage chosen.

BATH RITUAL ADD-ON- Enjoy a hydrating and relaxing coconut milk bath or Mineral, CBD, & hemp bath before or after your massage.

A 25 min. add on to couple's massage \$100.

BODY TREATMENTS |

PURE FIJI GLOW- A full body scrub using warm coconut milk to moisturize the skin, followed by an invigorating sugar exfoliation to remove dead skin cells. Fresh sugar cane crystals contain naturally occurring alpha hydroxyl acids that gently buff away dead skin cells, polish your skin, and unclog pores.

50 min. \$150

Coconut Cream Milk Bath add-on | 25 min \$50

SUGAR & DEAD SEA SALT BODY SCRUB AND WRAP- Enjoy an invigorating and hydrating full body scrub using a blend of sugar, salt, Palo Santo, orange, CBD, jojoba oil, ginger, and geranium.

50 min. \$150

Mineral, hemp, & CBD bath add-on | 25 min \$50

(Includes essential oils of lavender & bergamot.)

DEEP CLEANSING BACK TREATMENT- This treatment removes a build-up of dirt, oil, keratin, and dead skin cells as well as helps heal and clear breakouts. includes a deep pore cleanser with steam to help extract impurities, nutrient rich salt scrub to slough off dead skin cells, and finishes with a detoxifying mud mask, leaving skin soft & hydrated.

50 min \$160 | 80 min \$190

FACIAL TREATMENTS |

CUSTOMIZED CLEANSING FACIAL- This facial treatment is customized to your skin's needs; moisturizing, balancing, calming, or purifying.

50 min \$160 | 80 min \$190

HYDRATING & PLUMP FACIAL -For dry, dehydrated skin types, this treatment provides intense moisture using hyaluronic acid, giving skin a hydrated and plump appearance.

50 min. \$ 170 | 80 mins \$210

DETOX & GLOW FACIAL- For oily-combination skin types, this treatment detoxifies and exfoliates the skin using alpha hydroxy acid and hyaluronic acid to give skin a healthy glow.

50 mins \$170 | 80 mins \$210

COLLAGEN INFUSION FACIAL-Using collagen stimulating ingredients, this anti-aging treatment firms and strengthens skin giving a smooth and plump appearance.

50 min \$170 | 80 min \$210

GENTLEMAN'S FACIAL- facial treatment is customized to your skin's needs, moisturizes, calms, balances, or purifies.

50 min \$160 | 80 min \$190

SPA PACKAGES |

MASSAGE & GLOW- Start off with an invigorating sugar glow treatment using Fresh sugar cane to slough off dead skin cells and unclog pores, followed by a Relaxing 50-minute hot stone massage using pure extra virgin coconut oil.

110 min. \$260

COUPLES ESCAPE - Sugar & dead sea salt body scrub, wrap, and bath. Enjoy an invigorating and hydrating full body scrub followed by a body wrap. This treatment uses a blend of sugar, salt, Palo Santo, orange, CBD, jojoba oil, ginger, and geranium. After the wrap, relax in a mineral, CBD, and hemp bath. treatments are performed side by side in the couple's spa suite.

75-min. \$ 336.00 per couple

*Optional add-on Swedish massage = \$528.00 per couple

125 -minutes.

NAIL SERVICES |

CLASSIC

Manicure \$35 | pedicure \$45

SPA

Manicure \$40 | pedicure \$50

GEL

Manicure \$50 | pedicure \$60

GENTLEMAN'S

Manicure \$30 | pedicure \$40

WAXING SERVICES |

eyebrow	\$20	upper lip	\$20
chin	\$20	sides of face	\$30
arm/half arm	\$60 40	leg/half leg	\$70 50
leg/half leg	\$70 50	back	\$60

*Add on to any 50 min. treatment

ADD-ONS & UPGRADES |

Hot stone	\$20	Deep tissue	\$20	CBD	\$10
Extra 30 min	\$85	Aromatherapy	\$10		
Bath ritual	\$50	Swe-Thai	\$20		

HOTEL GUESTS ONLY* SPA DAY PASS | \$50 per person, per day.

CANCELLATION + LATE POLICY |

Please allow 24 hours' notice for cancellation or changes of spa services to avoid a 50% charge off the original price.

Should you arrive late for your appointment, your service will be modified to your remaining time to honor other scheduled guests. We require a credit card for all appointments.

GRATUITIES |

For your convenience, a 20% gratuity based off the original price will automatically be added to each service.

If you feel you have received exceptional service additional gratuities are appreciated and are solely at your discretion.

PLEASE NOTE |

Guests must be at least 18 or older to receive massage, body treatments, and use the spa facility.

Guests that are 16 or older may receive facial treatments.

Access to the pool, gym, and spa amenities is limited to guests receiving spa treatments.

GIFT CERTIFICATES |

Give someone special the gift of serenity.

Gift certificates may be purchased over the phone, or at the spa desk.

FREQUENTLY ASKED QUESTIONS |

WHAT SHOULD I BRING?

We provide you with a robe, towels, slippers, private lockers, and toiletries. We suggest bringing a swimsuit, comfortable clothing, and no jewelry.

CAN I BRING MY PHONE? –

We ask that you please respect guests that are enjoying the calm and peaceful atmosphere of the spa by speaking softly and avoiding use of cell phones and electronic devices.

*No photo or video permitted in locker area.

HOW EARLY SHOULD I ARRIVE?

We suggest you arrive at least 30 minutes prior to your first appointment to allow ample time to change into a robe and get settled. You may enjoy the spa facility from 9:00 am to 4:30 pm.

WHAT DO I WEAR DURING MY MASSAGE?

We suggest dressing down to your comfort level, however it is customary for guests to completely disrobe for their spa services. Your body will be completely draped during your massage, the only area that's exposed is the area being worked on.

-MAY I USE THE SPA IF I'M PREGNANT?

Of course, however use of the sauna, steam, or jacuzzi are not recommended, the excessive heat may cause dizziness, fainting, overheating, or dehydration. Prenatal massages will only be offered to guests in the second or third trimester, approval from your physician is recommended.

-IF I AM NOT A HOTEL GUEST, CAN I USE THE SPA FACILITY?

Non-hotel guests must purchase a minimum of a 50-minute spa treatment to access facilities.

ARE ALCOHOLIC BEVERAGES ALLOWED IN THE SPA?

No, alcoholic beverages must be enjoyed outside of the spa. For the safety of our guests the spa retains the right to refuse service or use of the facilities.